



Waltham Forest Asian Mothers Group

Registered Charity: 1092967

Dear Members

Welcome to the July 2007 addition of our quarterly newsletter.

In this addition we're proud to announce a number of new schemes for your children and yourselves. We also look forward to receiving your entries for our new 'Green Fingers?' Competition (*please see overleaf for details*).

Sophie Khan

Cancer Awareness Conference

9th July 2007



Today we thank all of our Carers and Staff for the wonderful efforts towards our Cancer Awareness Conference.

We would also like to take this opportunity to thank all of our speakers for helping us make the event a success, and providing our community with the knowledge we all deserve.

We welcome all comments and suggestions.

Carers Meeting 17th July

Taimur requests the presence of all carers at the next carers meeting. The meeting will begin at 10:30 at the office on Boundary Road. Carers are urged to arrive in advance.

Speaker to attend: Chronicle Eye Specialist

We are also pleased to confirm that our Chairlady Mrs Sajida Ahmed will also be attending the meeting to talk to our carers.

Our aim is to understand the needs of our carers and work towards providing a better service.

Carers Classes are also going to be discussed. Should you have any idea for possible classes please bring any thoughts along with you.

**Waltham Forest
Asian Mothers Group
2a Boundary Road
Walthamstow
London E17 8JU**

**General enquiries line:
020 8520 0373
(Mon-Thurs 9-2pm)**

Staff Office Hours
Monday 9:30-2pm Samina
Tuesday 9:30-2pm Samina/Taimur
Wednesday 10:00-2pm Samina/Ayshea
Thursday 9:30-1pm Taimur
Friday (Closed)

**www.wfamg.org.uk
info@wfmag.org.uk**

Weekend Scheme Timetable

July –

8th – Lloyds Park

15th – Changing Guards

22nd – Coronation Gardens

Summer Scheme

The Summer Scheme is near approaching! With the heat almost pushing through the rainy clouds we're strangely near the summer. So gets your children a place on our summer scheme (due to run between 30th July – 16th August). Please call the office for more details on:

020 8520 0373



C Me Clearly

Helping people work towards equal opportunities employment and giving our adults with disabilities the life they deserve we're proud to announce the launch of our new project 'C Me Clearly'.

The project has been designed to help the more able adults to find work as volunteers in local organisations.

'This has been a much awaited project and we hope it gives our adults a feeling of self-belief' Project Co-ordinator



Green Fingers?

COMPETITION!

Is your imagination the winner?!

We at the Asian Mothers Group have been working together to bring our carers and cared for experiences which promote team playing and enjoyment. We are now the proud owners of two gardening allotments! And we're looking forward to starting our new Gardening Club. The idea behind the project is to encourage everyone to learn about growing your own fruit and veg. Whether young or old, able or less able we've got a scheme for you! But we still don't have a name for the project.

Can you think of a good name? '**Green Fingers?**' or '**Spicy Chilli Club?**' or '**Grow Together?**' Send your ideas into us at the office, by phone or email with your full name and telephone number. The winner not only has a project in the name of their choice but we will also announce the winner with a photograph of them in the next newsletter. **Competition ends 31 July 2007**

Condolences

We are sad to announce that our Committee Member Mrs Yasmin Khan's son **Baseerat Khan passed away** in June. We all send her and her family our heartfelt condolences.

We also regret to announce our Client Mrs Dhadaboy's daughter **Najma Dhadaboy also passed away** in June. Our condolences to the Dhadaboy family.



*There will come a day
when your tears of sorrow
will softly flow into tears of
remembrance...
and your heart will begin to
heal itself...
and grieving will be interrupted
by episodes of joy...
and you will hear the whisper
of hope...*

Beauty Clinic



For bookings

Call 020 8520 0373

Venue – The Asian Mothers Group

Threading

Eyebrow Shape & Tidy £2.50
Upper Lip £2
Under Lip & Chin £3
Neck £5
Sides £5

Massage

Full Body Massage £15
Arms & Shoulders £10
Shoulders & Back £10
Indian Head Massage £10
Indian Headd Massage inc Oil £12
Full Body Massage &
Indian Head Massage £25

Waxing

Full Legs £12
Full Arms £10
Bikini £6
Under Arms £4
Upper Lip £3
Chin £3
Neck £4

Manicures

Inc Hand Massage £8
With Paraffin Wax Treatment £12

Pedicure

Inc Feet and Leg Massage £15
With Paraffin Wax Treatment £20
Basic Manicure & Pedicure £20

Facials

Basic Facial £10
Deep Cleansing Facial £15
Anti-ageing Collagen Facial £20

Other treatments also available, please ask for a full brochure at the office reception

We Welcome Work Experience

As many of you have noticed, we occasionally have Work Experience students in the office. This Month we had Sairah Ali from a local school, who was a pleasure to have in our team for 2 weeks.

We urge you all to tell your daughters, sisters and friends to come forward and do their Work Experience here at Waltham Forest Asian Mothers Group.

Let the next generation help the future by being a part of the help and support we provide.



Siblings Club

**Launching 14 July
Book now to see...**

Harry Potter

And the Order of the Phoenix

How many times have you heard...

'That's not fair!' or 'I want to go too!'

Well worry no more! The Asian Mothers Group are proud to announce the launch date of our new scheme... 'Siblings Club'. The Siblings Club has been designed for brothers and sisters of children with disabilities who equally want to go out and have fun. The club offers frequent trips, the first of which will be a visit to the cinema to watch the new Harry Potter movie. We welcome all 6-11 year olds whose parents or family are members of our organisation.

Please book places in advance or call

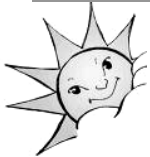
the office for more information on:

020 8520 0373

RAMADHAN SCHEME... Book Now!

Our Ramadhan Scheme will be starting on Tuesday the **18th of September**. Children get to enjoy Iftar with their friends throughout this holy month. In order to get a place on the scheme you must book in advance. Please note places are limited and do go fast! So call the office to make your bookings as soon as possible!

There is a £3 per session fee for each child. All fees must be paid in advance. Transport will be provided for children to be collected and dropped home.



Summer Treats are here!

Its that time again... well almost. With the rainy spells it seems summer is far away. But that wont stop us. Don't forget the Summer Scheme is due to start on Monday 30th July. It will run weekdays through till 16th August 2007. The scheme is for 3 weeks.

Outings include Bowling in Becton, a trip to the River Thames and the Seaside

Avoid disappointment and book your places now!

Local Events

MELA FESTIVAL Sunday 29 July – 1pm-7pm

Lloyds Park, Forest Road, Walthamstow, E17

Asian Mela with food, stalls and live entertainment

CHINGFORD FESTIVAL Sunday 12 August

12pm-6pm Ridgeway Park, Chingford, E4

Funfair, bouncy castles, children's entertainment

WALTHAMSTOW FESTIVAL

Friday 31 August – Sunday 2 September

12pm-6pm Walthamstow Market

Family street festival

Happy Birthday!

Aadam Ahmed

27th June

Hasib Ahmed

13th July

Hassan Bashir

21st August

Assad Khan

22nd July

Farhaan Majid

23rd July

